

### **For Men with Marriage Issues:**

Winning Your Wife Back Before Its Too Late by Gary Smalley

### **For Women with Marriage Issues:**

Lies Women Believe by Nancy Leigh Demoss (Biblically solid from a womans perspective)

### **For BOTH or Either Spouse depending on issues:**

The Verbally Abusive Relationship by Patricia Evans (Identifying/setting boundaries for verbal/emotional abuse)

Boundaries by Cloud & Townsend (Nearly a 'have-to' read for all couples)

The Christ Centered Marriage (w/Workbook) by Neil Anderson & Charles Mylander

Sacred Marriage by Gary Chapman

The Marriage Builder by Larry Crabb

Families Where Grace is in Place by Jeff VanVonderan

Tired of Trying to Measure Up by Jeff VanVonderan

Codependent No More: How to Stop Controlling Others and Start Caring for Yourself by Melody Beattie

### **Books for intimacy building:**

- 1). Passionate Marriage by David Schnarch (not a "Christian" book, but VERY good)
- 2). The Gift of Sex: A Guide to Sexual Fulfillment by Clifford L. Penner
- 3). The Way to Love Your Wife: Creating Greater Love & Passion in the Bedroom (Focus on the Family Books) by Clifford L., Ph.D.
- 4). Restoring the Pleasure: Complete Step-by-Step Programs to Help Couples Overcome the Most Common Sexual Barriers by Clifford L. Penner (Author), Joyce J. Penner (Author)
- 5). Sacred Sex: A Spiritual Celebration of Oneness in Marriage by Tim Alan Gardner
- 6). A Celebration of Sex: A Guide to Enjoying God's Gift of Sexual Intimacy Douglas E. Rosenau
- 7). Intended for Pleasure: Sex Technique and Sexual Fulfillment in Christian Marriage, Third Edition by Ed Wheat

### **Community Group Marriage Studies:**

- 1). Sacred Marriage by Gary Thomas (pretty 'heavy-duty' for application, more theoretical than practical)
- 2). Love & Respect by Emerson Eggerichs (very "nuts & bolts" also has a work book)
- 3). Divorce Busting by Michelle Weiner-Davis or the Sex-Starved Marriage also. (very practical)
- 4). The Seven Principles for making your Marriage work by John M. Gottman (easy to read, understand)
- 5). I Love you More or Love Talk by Les & Leslie Parrott (again, very "nuts & bolts" easy to digest.)

Some of these have additional "study guides" as well as video series options, (the Parrotts also have a brief online assessment component...). So it mostly comes down to what specificity do they want in topic (general or