

Rolling Hills News March 2010

HURTS, HANG-UPS AND HABITS WANTED!

Are you weary, burdened or just plain tired of repeating the same sin over and over again? Celebrate Recovery (CR) may be the place for you! Please don't stop reading if you think CR is only for those battling alcohol or drug addiction. Less than 20 percent of CR attendees are there to get help with these strongholds; 80 percent attend for relational-oriented issues. CR—a Christ-centered 12 Step ministry for men and women seeking to break free from hurts, hang-ups and habits—offers hope and healing for anyone living with the effects of:

- Abuse - physical, emotional, verbal, and sexual
- Dysfunctional families - Adult Children of Alcoholics (ACA)
- Alcohol abuse
- Anger
- Broken relationships
- Anxiety and depression
- Codependency
- Co-addicted spouses of sexually addicted partners (COSA)
- Drugs
- Financial issues and gambling
- Food-related issues and eating disorders
- Sexual addictions and pornography

When Wholeness Pastor Travis Waits led a “cardboard offering” service last fall, he asked the congregation to write any weaknesses, hurts, habits, or hang-ups they would like freedom from on a card and place it in the offering basket. Approximately half of those in attendance responded. The major themes represented were abuse, abandonment, depression, isolation, self-doubt, insecurity, hopelessness, shame, pornography, betrayal, sexual-identity security, fear, anger, control, guilt, and pride. Some “addictions” resulting from these themes were shopping, drinking, working, perfectionism, spending, and eating disorders.

A lot of people are hurting and the pain is coming from many different sources. CR is a safe place to lay all your burdens down at the feet of Jesus and learn how to overcome the stifling sin of this life. God shows up **STRONGEST** when we're at our weakest. At CR, attendees join others with similar struggles in both “root” and “symptom” groups—“root” meaning the cause of the pain and “symptom” being a wrong choice for medicating the pain.

Led by Pastor Travis, who has completed the Step Study and has his own sponsor, CR meets every Wednesday night in the Fellowship Center. Anyone is welcome, there is no sign-up, and all groups are open. The evening starts at 5:30 PM with dinner (\$4 donation requested), followed by worship, teaching or testimony, small group discussions, and snacks and fellowship. For more info, please visit rollinghillscr.org, and consider 1 Corinthians 15:57 (NIV): “But thanks be to God! He gives us the victory through our Lord Jesus Christ.”

Upcoming Events

Saturday, March 6

Prepare/Enrich Training
for Marriage Mentors

Sunday, March 7

Missionary Open House

Monday, March 8

Nursing Home & Assisted
Care Outreach Training

Wednesday, March 10

Hearts at Home

Saturday, March 13

Celebrate Recovery Training

Sunday, March 14

Great Expectations of Marriage

Thursday, March 18

Women of Worth

visit
rollinghills.org

Easter Weekend

Good Friday Service
Friday, April 2 • 7:30 PM

Easter Services
Saturday, April 3 • 4 PM
Sunday, April 4 • 9 & 11:15 AM

More info on Page 2

Easter 2010

On Wednesday and Thursday, March 31 and April 1, from 4-8 PM and on Friday, April 2, from 4-6 PM, the Fellowship Center will be set up for "The Way of the Cross," where you and your family can participate in interactive activities representing aspects of Christ's life, death, and resurrection. The process will take about 45 minutes, and you can come and go any time during the hours listed above.

Then, we will remember Jesus' death at our Good Friday service on **Friday, April 2, at 7:30 PM**, and celebrate the His glorious Resurrection on **Saturday, April 3, at 4 PM*** and on **Sunday, April 4, at 9AM* and 11:15 AM.*°**

*Childcare provided for infants through 2nd grade. °Service interpreted in American Sign Language and interpretarse en Español.

Serve in TreeHouse

Come serve some of the coolest kids on the planet in the TreeHouse at Easter as our church welcomes many visitors!

Saturday, April 3 · 4 PM

Sunday, April 4 · 9 or 11:15 AM

NOTE: TreeHouse will be OPEN for infants-2nd graders only during Easter services.

Contact Lori · lori.curran@rollinghills.org

Men's Ministries

Open Men's Groups

Lock Arms With a Band Of Brothers!

TWO NEW GROUPS studying "The Cross Centered Life":

MONDAY • 7 PM

Led by Brian Kruger · 503-317-2028

TUESDAY • 7 AM

Led by John Harms · 503-685-1943

More groups listed at rollinghills.org/mens-groups

Join The Men's Chorus!

Second Thursday of each month
7-8 PM • East Atrium

Come and raise your voice in praise! Fellowship with men of all ages! Questions? Steve Heuser · 503-691-1446

Women's Ministries

Women's Prayer Fellowship

Thursdays • 9 - 11:30 AM • Gathering Room (no meeting March 25)

Support RHCC staff and ministries in prayer as well as pray for personal needs. If you haven't experienced group prayer before, please come and join in when you feel comfortable.

Contact: Colleen Jost · 503-885-1288 · jostc@hotmail.com
Shelby Peterson · 503-692-1336 · shelbypete@aol.com

Oasis Teachers Needed!

Tuesdays, July 6, 13, 20, and 27 • 6:30 PM - 9 PM

Oasis is our exciting summer elective program. We are NOW looking for women who are willing to lead/co-lead elective classes. Previous classes included knitting, book and Bible studies, scrap booking, cooking, exercise classes...the possibilities are endless!

Heidi Rourke · 503-554-0459 · heidirourke@hotmail.com

Hearts At Home

Wednesday, March 10 • 9:30 - 11:15 AM • Fellowship Center

For all women who are expecting, adopting, or with children through early elementary age. Topic: "Do You Do For Others What They Ought To Do For Themselves? Teaching Young Children Responsibility" Speaker: Sue Newton. For more info, pick up a brochure at the Women's Ministries station.

Pre-register your children birth - Kindergarten

- Online at rollinghills.org · Wed., March 3 - Sun., March 7
- At the Women's Ministries station · Sun., March 7
- Cost \$5 - pay at event

Contact Heidi Tillotson · joet@teleport.com

Women of Worth (WOW)

Thursday, March 18 • 12 - 2 PM • Fellowship Center

WOW is a monthly luncheon for women 50, 60, 70 or better! Join us for a delicious meal and listen to our featured speaker, our own Rhonda Began! Topic: "Sifting The Dirt" Special Feature: Flower Arrangements by Erric Ross.

- \$10 Ticket cost on March 7 & 14
- \$13 Ticket cost after March 14

Contact Bettejo Lowe · bjlowe@aol.com

Wholeness Ministries

Prepare/Enrich Training for Marriage Mentor Couples

Saturday, March 6 • 8:30 AM - 12:30 PM • Courtyard Room

Interested in helping couples prepare for marriage? Then come to this training class to learn how to debrief Prepare/Enrich assessments that are used in our Premarital Counseling process. For more info, contact Paulette · paulette.ann@rollinghills.org

Men's Sexual Abuse Recovery Class

March 4 & 5 • 7 - 9 PM • Gathering Room

If you're a man who has felt the effects of sexual abuse, we will help you understand WHY your life is the way it is and how you can find freedom. This class is led by a trauma therapist who specializes in sexual addictions and sexual abuse recovery for men.

For more info, contact Travis Waits · travis.waits@rollinghills.org

Confident Kids

We are recruiting a team of passionate adults to walk alongside kids in grades K-5 and help empower them to honor God in their relationships with self, God, and others.

This Bible-based program equips kids with life skills so they will be able to make healthy choices in all areas of life.

To learn more, contact Paulette · paulette.ann@rollinghills.org

Celebrate Recovery Leader Training

Saturday, March 13 • 10 AM - 2 PM • Gathering Room

Learn how to effectively lead Small Groups and how to implement guidelines that will provide a safe environment for participation in a group setting. For more info, contact Paulette · paulette.ann@rollinghills.org

The Great Expectations of Marriage (and the Reality)

Sunday, March 14 • 11 AM • Courtyard Room

Ever wonder why marriage is so hard? What has happened to God's glorious institution of marriage? Discover what "normal" is and a new way to view your marriage as a crucible for healing. Whether you are newly married, in a difficult marriage, or you simply want to make your marriage the best it can be, come to this class.

For questions or to RSVP, contact Paulette · paulette.ann@rollinghills.org

Dave Ramsey's Financial Peace University

Preview Day | Sunday, April 18 • 9 AM • Courtyard Room

This 13-week, biblically-based accountability class will train you to better manage your financial resources by teaching you how to beat debt, build wealth, and keep your personal economy thriving. Taught by Dave Ramsey via DVD, followed by a small group discussion. Begins Wednesday, May 5. Course material fee - \$110/family.

Community/ Global Outreach

Bridgeport Elementary Needs You!

Be a positive influence in one kid's life as a Lunch Buddy

or in the lives of many as an after-school Club Leader (sports, knitting, arts & crafts, etc.).

For more info, contact Cathi Presjak · 503-524-4146 · cpresjak@comcast.net

Missionary Open House

Sun., March 7 • 11 AM • Courtyard Rm

Erik & Rhonda Boehme, RHCC global partners, are working in partnership with a Japanese church as church planters through Asian Access. They are reaching the unreached through English and Bible classes, children's events and classes, friendship evangelism, and loving their neighbors as Jesus through incarnational living. Learn more about their ministry and give them some encouragement.

 Find us on
Facebook

Get updates, post discussions, and get connected! Just log-in to your Facebook account, search "Rolling Hills Community," and become part of the RHCC GROUP!

visit rollinghills.org

Watch & Listen to Sunday Sermons online at rollinghills.org/audio-video

Jr. High Ministries

FUSION
Sundays 6:30-8:30 PM
(no meeting March 28)

Elevation Service
Sundays • 11 AM • Back Rm
(no meeting March 28)

Jr. High Summer Camp

July 25-30 • Riverview Bible Camp

This is a week for students to enrich their friendships, make new friends, connect with the JH Ministry Staff, and grow closer to God.

Sign up at 678live.com.
Cost: \$305 thru March;
\$335 as of April 1

JH Summer Camp Leaders Needed

Looking for an unforgettable experience?

Invest a week of your life (July 25-30) in the lives of Jr. Highers.
Contact Jen
jen.gulbrandson@rollinghills.org

High School Ministries (HSM)

AXESS
Wednesdays 7-9 PM
(no meeting March 24)

Amplify Service
Sundays • 11 AM • FC
(no meeting March 21)

Children's Ministries

Serve in TreeHouse this Easter! See our ad on Page 2!

Camp Tilikum

Register online beginning April 25 at rollinghills.org/camp-tilikum

On July 12-16, 1st-5th graders (fall 2010) and their friends will head out to Tilikum for an AMAZING week in God's creation. It's guaranteed to be a blast!

First Impressions Are Important!

Each week, dozens of kids visit the E-pod (our K-2nd grade room) for the first time...

and their parents wonder, "Is this a safe place?" "Will this be fun?" "Will my child want to come back?" We want kids to come back and plug in to small groups, but we need quality men, women, and teens to help us during the 11 AM service, which still lacks several leaders. Please prayerfully consider being a month-on/month-off Leader or once-a-month Helper and provide a safe, loving, fun environment for kids to grow in their faith and friendships. Thanks! Pastor Jeff · 503-638-5900 x247

TreeHouse greatest needs:

Become a Leader, Classroom Administrator, Buddy or DEQ Toy Cleaner. Join the TreeHouse Team!

Write "TH" on a Welcome Card, email treehouse@rollinghills.org, or call us!

This month in TreeHouse, your child will learn about...

Sprouts/Preschool - Through great stories and parables, Jesus teaches about the Father's Kingdom. Your preschool children will become builders, farmers, and shepherds as they learn how to trust and stay close to Him. This month's memory verse: Seek first the kingdom of God... (Matthew 6:33a NKJV)

Elementary - As followers of Christ, we want our children to be trustworthy and honest people of integrity who will, before God and man, choose to be truthful in whatever they say and do. Through various Bible characters, our children will learn the ramifications of lying and the blessings of being honest. Proverbs 12:22 (NIV): The Lord detests lying lips, but he delights in men who are truthful.

Rolling Hills Community Church

Service Times • Sunday, 9 & 11 AM | Office Hours • Monday - Friday, 8:30 AM - 5 PM

Atrium Café Hours • Monday - Friday, 8 - 10:30 AM • Sunday, 8 AM - 1 PM

Phone: 503-638-5900 Fax: 503-638-8267 Email: info@rollinghills.org Website: rollinghills.org

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